

STUDENT SERVICES

WHAT DO WE DO? We are here to support you with any non-academic issues you may be experiencing. We can help with everything, from issues related to Mental Health, through to issues with housing, finance, sexual health, careers, drugs & alcohol and a whole lot more! We have a dedicated team of staff who are trained in welfare and support, and links with lots of specialist support agencies who can come in and see you at college. Sometimes you might just want some company or someone to talk things through with you and that's fine too. You can pop in at any time and there will always be a friendly face here to meet you and help you.

	9.00am	10.00am	11.00am	12.00pm		1.00pm	2.00pm		3.00pm	4.00pm
Monday	Quiet room available (weekly)	Health & Wellbeing	Advice Sessions (weekly)			Kernow Young Carers Drop In (monthly)			Quiet room available (weekly)	
		Time2Talk Counselling/Mental Health Support (weekly)								
		Time2Talk Counselling/Mental Health								
		Sexual Health Drop In (monthly)								
	NSSW Drop In (Careers & Higher Education Support) (weekly)									
Tuesday	Work Experience Placement Drop In			One to One Career	s, Education, Informat	tion, Advice and Guidance (weekly)				
	Quiet room available (weekly)	Health & Wellbeing	Advice Sessions (weekly)	rice Sessions (weekly) Time2Talk Counselling/Mental Health Support (weekly)						
		Time2Talk Counselling/Mental Health	pport (weekly)						Quiet room available (weekly)	
		Garrow S				lent Services Drop In (weekly)				
	Therapy dog Macy on site (weekly)									
Wednesday	Quiet room available (weekly)	Time2Talk Counselling/Mental Health	me2Talk Counselling/Mental Health Support (weekly) One to Or					to One Careers, Educa	ntion, Information, Advice & Guidance	(weekly)
		V 2 1 0							Quiet room available (weekly)	
	Young People Cornwall Drop In (weekly) Early Help Hub Drop In									
	(monthly)									
		Time2Talk Counselling/Mental Health	pport (weekly)							
				Money Manageme	nt Drop In (monthly)	1				
Thursday	Quiet room available (weekly)	Kilmar Student Services Drop In	Time2Talk Counselling/Mental Health Support (weekly)							
		(weekly)		LGBTQ+ Appointm	LGBTQ+ Appointments & Group (monthly)				Quiet room available (weekly)	
	NSSW drop in (Careers & Higher Education Support) (weekly)									
	Therapy dog Macy on site (weekly)					l				
Friday	Quiet room available (weekly)			One to One Career	s, Education, Informat	tion, Advice & Guidance (weekly)			Quiet room available (weekly)	
		Time2Talk Counselling/Mental Health		Time2Talk Counselling/Mental Health Supp					4	
		Time2Talk Counselling/Mental Health								
		Young People Cornwall Drop In (weekly)								
		Health & Wellbeing	Health & Wellbeing Advice Sessions (weekly) Chaplaincy/Bereavement Support Appointments & Drop In (weekly)							



HOW DOES IT WORK? We are open all day everyday so you can come and see us whenever is convenient for you. If you are feeling a bit nervous about coming in you are always welcome to bring a friend for support. You can also email or call us directly using the details opposite and one of our team will be more than happy to assist you. As well as personal support, we also offer a wide range of specialist support services which are all free and confidential. You simply just have to turn up to access most of our services, however, the ones marked with an asterisks (*) require you to pre-book an appointment with a member of our team. To find out the specific dates of our monthly and half termly 'drop in' sessions, keep an eye on the student bulletin and plasma screens around college or, alternatively, just pop in and ask someone. As well as our timetabled support sessions, we can also help you with targeted referrals to specialist support services who can often come in and see you here at college for help with things like drugs & alcohol, relationships, and more. Student welfare and wellbeing is at the forefront of everything we do here at Callywith. If there are things that you feel you may need support for that aren't advertised on this poster, please let one of our team know and we will try and work our magic to put something in place for you!

) 01208 224460 e studentservices@callywith.ac.uk

CALLYWITH COLLEGE