

Level 3 Extended Diploma Sport

This National Extended Diploma in Sport includes elements of both theory and practical sport and will allow you to investigate the diversity within sport, health and the leisure industry.

Why choose this course?

The course will teach you to apply your sporting knowledge, as well as test your practical ability, by covering a range of units including Sports Coaching & Leadership, Fitness Testing and Programming, Sports Development and Practical Sports Performance. During the course you will take on the role of being employed within the sport and active leisure industry when completing assignments and activities. Each assignment will be based around a scenario which reflects tasks/projects that sports employees would be undertaking in the workplace. For example, a health fitness instructor conducting client health and fitness assessments.

Classes are taught through classroom lectures, group discussions as well as a variety of practical sessions using the extensive facilities at the College, including a purpose-built sports hall, fitness suite and 3G astro. There is also an opportunity to take part in industry recognised additional qualifications which will enhance your experience, skills and employability.

The course will particularly suit you if you enjoy learning in a practical environment, but also stretch you academically. It is an ideal route if you want to pursue a career in health and fitness, sports coaching or teaching. It is broadly equivalent to three A Levels.

Assessment Arrangements

Over the two year course you will complete compulsory assignments for the internally assessed units which could include written reports, presentations and practical demonstrations. The externally assessed units will involve formal examinations and controlled assessments.

Information & Support

As a vocational sports course, you will be expected to wear appropriate sports kit, which can be purchased from the College at an additional cost. Purchase is not compulsory, but we would expect one item of Callywith College kit to be available to wear when representing the College at external events. There is also a refundable charge for library resources and locker key.

Where will it take me?

This course prepares you for both employment and progression onto Higher Education courses. Common career paths for Sport students include Sports Coaching, Teaching, Sports Therapy, Sports Management and Fitness Instructing.

What will I need?

GCSE or equivalent grade 4, in at least four subjects, including a grade 4 in Maths or English.

Additional Information

Awarding body: Pearson