



LEARNING SERVICES AT CALLYWITH COLLEGE

**SUPPORTING YOUR YOUNG
PERSON TO STUDY FOR THEIR
A-LEVELS, UAL AND BTEC
COURSES AT CALLYWITH
COLLEGE**

CONTENTS

PAGE 1 - 6 - A GUIDE TO SUPPORTING YOUR YOUNG PERSON

PAGE 7 - ABOUT THE LEARNING SERVICES

PAGE 8 - 10 - APPS AND WEBSITES

PAGE 11 - COURSE SIGNPOSTING

PAGE 12 - 15 - A LEVEL COURSE OVERVIEW

PAGE 16 - BTEC COURSE OVERVIEW

PAGE 17 - UAL COURSE OVERVIEW

PAGE 18 - THE EXAMINING BOARDS



A GUIDE TO SUPPORTING YOUR YOUNG PERSON

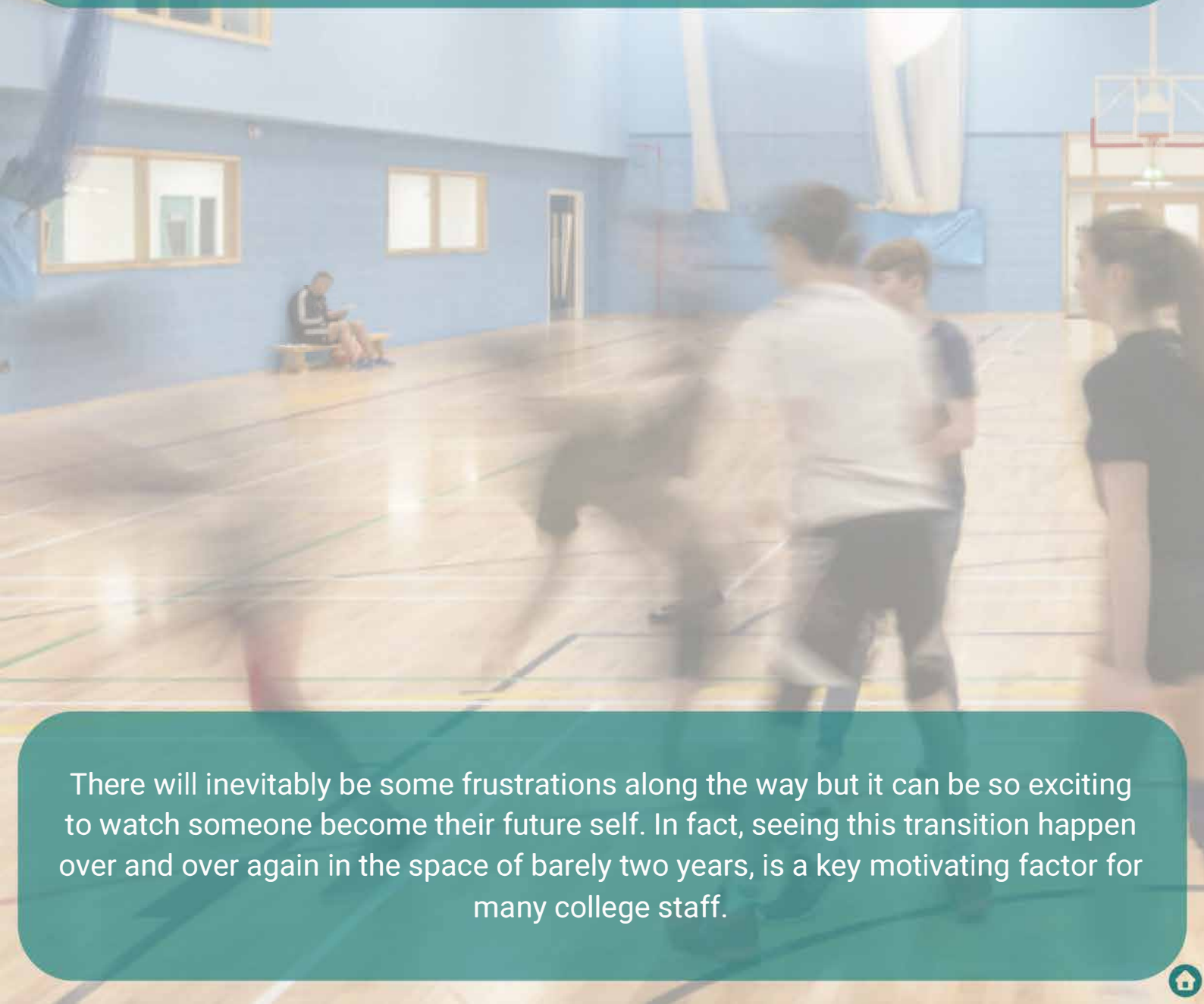
For many people, being the parent of a college student is no more or less problematic than in the previous academic phases, but it is a time of transition for young people and this can present new challenges. Because of this, we thought it might be useful to share some of our thoughts based on the experiences we have accumulated over the years, about supporting students through their college years. We do not presume to offer advice to you about family life, but want to share with you our knowledge.



Between the ages of 16 and 19, young people change from being school children to young adults. This is entirely normal but is experienced uniquely by each person and their family so there is no rule book to follow or universal strategy we can adopt. For many young people, coming to the College is itself an active choice - a safe but significant step on their road towards becoming independent. Students are making more significant and more frequent decisions.

These decisions and changes can result in different joys and challenges for families as adjustments are gradually made and some old patterns fall by the wayside. Most families feel their way through this, trying to adjust at the right pace but it can be a bit of a 'rollercoaster'. If freedoms come too quickly, students can be sometimes ill-equipped to cope and equally, if their lives are too restricted, they don't learn to make good decisions or benefit from making mistakes.

Another strand of transition can be identity-related. One of the attractions of the sixth form is that students can free themselves from the perceptions peers and teachers may have had of them from secondary school. They can experiment with new aspects of their identity, their interests, sense of direction and what they like and dislike. Again, this is normal. Families sometimes need to intervene on matters of safety or consideration for other people but on other matters they may need to adapt or let experiments run their course.



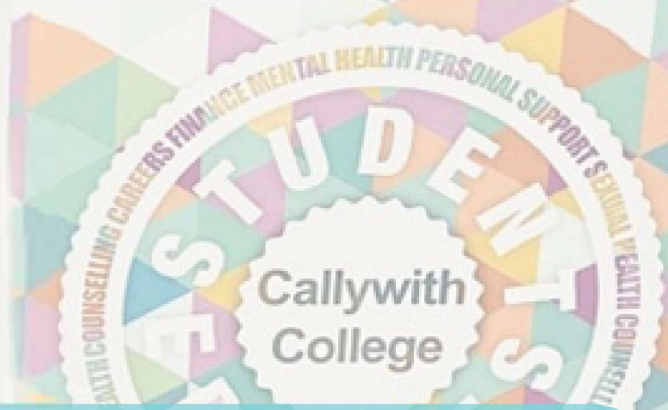
There will inevitably be some frustrations along the way but it can be so exciting to watch someone become their future self. In fact, seeing this transition happen over and over again in the space of barely two years, is a key motivating factor for many college staff.



Student Services

offer offer

- Free information, advice and guidance
- Personal support
- Careers advice
- Financial advice and bursary support
- Mental health advice and support
- Safeguarding support
- Sexual health advice
- Health and wellbeing advice



Life is busy but take time to listen and take an interest. There can be many pressures piled on young people from their peers, social media, work and family before even considering studying at college. Make sure they know you are proud of them no matter what happens. Lots of reassurance, perspective and opportunities to talk together will be important.

You know your young person best. Look out for signs of stress and changes to their behaviour. Are they becoming tearful, blowing things out of proportion, experiencing poor sleep, withdrawing, or struggling with appetite? These can all be signs of stress and you may need to seek help from your GP if you are concerned. Please contact your young persons' PDT or Student Services if you have any concerns.

How to support your young person (callywith.ac.uk)



DIVERSE
INCLUSIVE
ACCEPTING
WELCOMING
SAFE SPACE
FOR EVERYONE



GROUNDING
Technique

5 things you can

5 things you can

5 things you can

At the same time all this is happening, their studies are getting harder. Studying fewer subjects but in more depth means that parents who may have been a key source of educational support find it harder to maintain that role during A - Level, BTEC and UAL programmes. Even if you are familiar with some of the content, the very specific nature of these syllabuses means that it is harder to offer the precise advice you might wish to. What all families can do however, is to understand some of the demands of studying at this level and so help students think through how they will accomplish all the learning they will need to do.

Creating a revision / study timetable is one of the most important things to do to help. We would encourage from the beginning, incorporating a study/revision time into the daily routine, this will help keep the next two year manageable, and give your child confidence and feelings of control.

Plan it together with your child, letting them take the lead. Don't forget breaks and time out are just as important. You can support them to stick to it, without policing them too heavily. Download a copy of our independent study planner here.

(Study Planner)



Creating a calm home environment is not always easy and a tidy teenage bedroom can seem like an impossibility. Where possible, create quieter spaces and times in the day, so your child can study without too many distractions. If that's not possible, get in contact to see if we can offer support.

Revising in different spaces can be helpful memory cues. Try some revision classics like sticking post-it notes to the fridge door. They're oldies but goodies for a reason – reading over that quote or definition every time you make a cup of tea does help the knowledge to stick.

Spending short but regular amounts of time on helping with quizzing will help information to be stored in your child's long-term memory and give them regular practice at being able to recall it just like they will need to in their exams.

Taking breaks is crucially important. Make sure there are lots of opportunities to recharge those batteries, including with fresh air, exercise, and friends. Exercise is known for helping to clear the mind, relieve stress, and giving energy levels a boost. Some students find their phone too much of a distraction and may like you to hold on to it during some revision sessions. Others use it as a crucial tool for revision – talk about what works best with your child.



Encouraging punctual and full attendance.

Help with the development of study routines

Talk to your young person every day about their learning and life at College

Accept this can be a time of change

Read the bulletin to keep informed about the College and opportunities on offer

The PDT (personal development tutor) is the main point of contact if you have any questions



ABOUT THE LEARNING SERVICES

Here at Callywith, the Learning Resource Centres provide a range of relaxed and quiet environments for studying, with access to physical and online resources and support from experienced members of staff.

They have open-access computers, study spaces for individual or group work, and free, fast Wi-Fi, allowing the use of personal devices for studying when needed.

The Learning Centres stock a wide range of resources that can be borrowed free of charge to help students find credible and relevant information.

The online library catalogue can be accessed both on and off campus and allows students to search for a range of books, e-books, online resources and journals.

The library and learning services team are always happy to help if you can't find the resources required or for additional study skills support. Contact details can be found on the Callywith Library Hub, SharePoint page.

[Library Hub at Callywith - Home \(sharepoint.com\)](#)

Online Library Catalogue: **[Look4 \(cirqahosting.com\)](#)**



APPS AND WEBSITES

Quizlet - Quizlet is a great way to self-test your knowledge, with Flash cards, Practice tests and Games to help you to achieve your goal.

Focus - With aesthetic backgrounds, dynamic greetings, motivational quotes, and so much more – Focus can redefine the way you work and recharge every day.

Flora - Flora is a new way to stay off your phone, clear to-do lists, and build positive, life-changing habits. Whenever you want to make progress toward your goals, grow trees in Flora!

CGP - How to Revise for A-Level.

Click on the link below and login using:

Username: revision@callywith.ac.uk

Password: #StudySkills123

Click Here

This e-book has helpful tips for ALL A-Level subjects and really useful video's

Callywith Library Hub - Home

Callywith Library Hub is packed full of resources for students to access help with not just revision, but also important study skills such as time management, Organisation and dealing effectively with stress and anxiety at exam time.

APPS AND WEBSITES

- [A Level Revision - YouTube – YouTube boasts a wealth of tutorial videos for all A-Level and BTEC subjects](#)
- [BBC Bitesize,](#)
- [The Student Room](#)
- [A-Level Revision - Revisely](#)
- [A-Level Past Papers by Topic - Study Mind](#)
- [Your connected workspace for wiki, docs & projects | Notion](#)
- [A-Level Revision - StudyWise](#)
- [Making the grade: A* students share their revision tips and secrets - The Uni Guide](#)
- [Seneca - Learn 2x Faster \(senecalearning.com\)](#)
- [Cram.com: Create and Share Online Flashcards](#)
- [Key Cards Revision Apps](#)
- [Create Your Mind Maps Online - On Any Device | MindMup](#)
- [Revision Apps For Students: Best & Free | Study Smarter](#)
- [Get Revising](#)
- [50+ Free Revision Resources for GCSE, A-Level, SATs and 11+ 2023 \(eparenting.co.uk\)](#)

APPS AND WEBSITES

Useful apps that can help with dyslexia.

Speechify - Speechify is an incredibly helpful tool that allows you to turn text into speech, you can scan the pages, copy and paste, import or browse the web, speechify is there to help you.

Claroview - ClaroView is a coloured overlay for your computer screen. Choose from over 73 standard colours or chose your own custom colour overlay. (ClaroView is preinstalled on all College computers.)

Exam Time & Exam Stress | Parents Guide To Support |
YoungMinds

Top ten tips for parents: revision | The Good Schools
Guide



SUPPORTING YOUR YOUNG PERSON

Here at Callywith students have a variety of courses to choose from, from A Levels and BTEC's, to UAL Extended Diplomas. Each has a different approach to examinations and the skills students will need to demonstrate to achieve their fullest potential.



A LEVELS

BTEC

UAL EXTENDED DIPLOMA

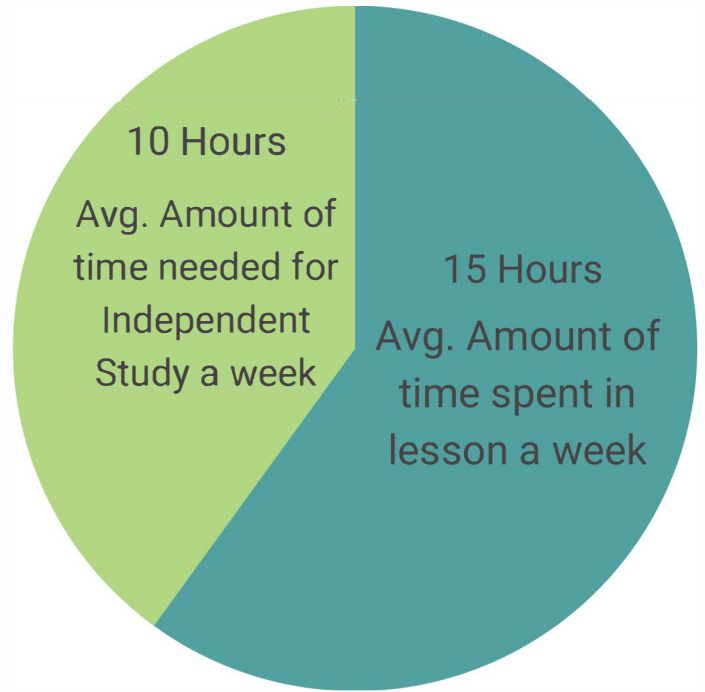
A LEVELS

ASSESSMENT TYPE AND WEIGHT:

EXAM (100%)

Subjects:

- Business
- Classical Studies
- Economics
- French (Speaking, Listening and Writing)
- Geology
- German (Speaking, Listening and Writing)
- Law
- Maths (Core)
- Maths (Further)
- Physical Education (With Practical Performance = 30% of Mark)
- Physics (With a Practical Element)
- Politics
- Sociology
- Spanish (Speaking, Listening and Writing)



Key Skills:

- **Demonstration of key subject knowledge.**
- **Extended Writing Skills.**
- **Evaluation.**
- **Independent Study.**
- **Reflection, Critical and Contextual analysis.**
- **Research.**
- **Time Management.**

Summary

All these courses require students to use their independent study time wisely.

Sustained practice of all the key skills above will benefit the student immensely when it comes to exam time.



A LEVELS

ASSESSMENT TYPE AND WEIGHT: EXAM WITH TIMED ESSAY (100%)

Subjects:

- Biology (With a Practical Element)
- Chemistry (With a Practical Element)
- Environmental Science
- Psychology

Key Skills:

- Demonstration of key subject knowledge.
- Essay Writing.
- Evaluation.
- Independent Study
- Reflection, Critical and Contextual analysis.
- Research.
- Time Management.

Summary:

All these courses require students to use their independent study time wisely.

Sustained practice of the key skills especially Essay writing will benefit the student immensely when it comes to exam time.



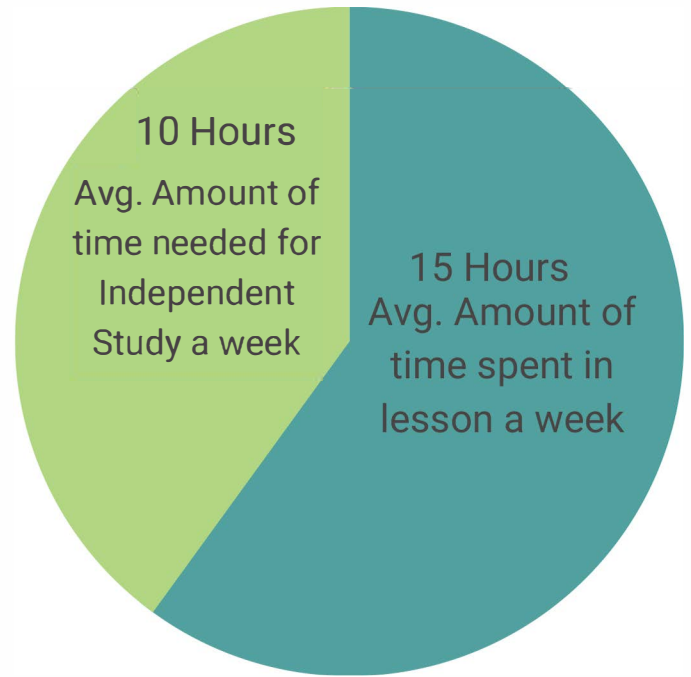
A LEVELS

ASSESSMENT TYPE AND WEIGHT:

EXAM (80%) WITH COURSEWORK (20%).

Subjects:

- [Criminology](#)
- [Computer Science](#)
- [English Language](#)
- [English Lang and Lit](#)
- [English Literature](#)
- [Film Studies](#)
- [Geography](#)
- [History](#)
- [Media Studies \(Exam 70% and Coursework 30%\)](#)



Key Skills:

- **Demonstration of key subject knowledge.**
- **Extended Writing skills**
- **Evaluation.**
- **Independent Study**
- **Reflection, Critical and Contextual analysis.**
- **Research.**
- **Time Management.**

Summary:

All these courses require students to use their independent study time wisely.

Coursework will take up a large percentage of students independent learning time and requires careful planning so as not to fall behind on the work load.



A LEVELS

ASSESSMENT TYPE AND WEIGHT:

COURSEWORK (60%) WITH A FINAL EXAM (40%).

Subjects:

- Art (Fine Art)
- Art (Illustration and Graphics)
- Art (Critical and Contextual studies)
- Drama and Theatre Studies
- Photography
- Textiles

Key Skills:

- **Articulate the Journey.**
- **Demonstration of key subject knowledge.**
- **Evidence Based.**
- **Extended Writing Skills**
- **Evaluation.**
- **Independent Study**
- **Reflection, Critical and Contextual analysis.**
- **Research.**
- **Time Management.**

Summary:

All these courses require students to use their independent study time wisely.

For example Component 1: Personal Investigation in Art (All disciplines) requires students to produce at least 50% of their assessed work outside of the classroom.



BTEC

ASSESSMENT TYPE AND WEIGHT: **COURSEWORK (60%) WITH EXAM (40%).**

Subjects:

- Applied Human Biology
- Applied Science
- Business
- Child's Play, Learning and Development
- Health and Social Care (Certificate)
- Health and Social Care (Health Studies)
- Health and Social Care (Social Care)
- Information Technology
- Sports and Exercise Science
- Sports
- Travel and Tourism
- Uniformed Protective Services

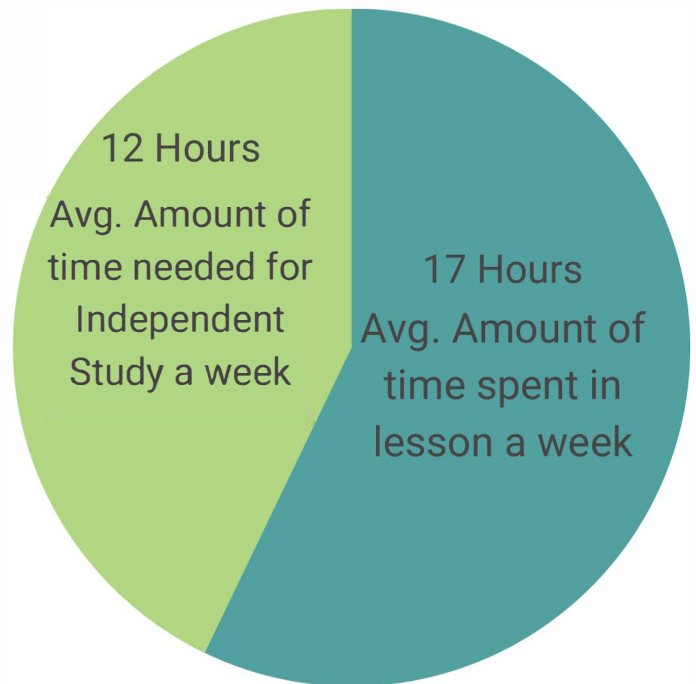
Key Skills:

- **Demonstration of key subject knowledge.**
- **Evidence Based.**
- **Extended Writing Skills**
- **Evaluation.**
- **Independent Study**
- **Reflection, Critical and Contextual analysis.**
- **Research.**
- **Time Management.**

Summary:

All these courses require students to use their independent study time wisely.

Coursework will take up a majority of students independent learning time and requires careful planning so as not to fall behind on the work load.



UAL EXTENDED DIPLOMAS

ASSESSMENT TYPE AND WEIGHT:

COURSEWORK (100%)



Subjects:

- UAL Level 3 Extended Diploma In Art, Design & Communication (Creative Practice)
- UAL Level 3 Extended Diploma In Creative Media Production & Technology
- UAL Level 3 Extended Diploma In Games, Animation And VFX Skills (Creative Media Production & Technology)
- UAL Level 3 Extended Diploma In Performing And Production Arts
- UAL Level 3 Extended Diploma In Photography (Art & Design)

Key Skills:

A student's achievement will be assessed through their portfolio of evidence. The portfolio of evidence must include:

- a completed project proposal
- records of planning, research, and ideas development
- records of analysis and reflection
- records of project development and realisation
- records of presentation and communication
- setting final evaluation
-

Students should be encouraged to develop the most appropriate evidence to demonstrate their achievement of the unit learning outcomes and grading criteria. We recommend the following forms of evidence should be included:

- records of planning, research, and ideas development presented in workbooks, digital format, notebooks, or personal reflective journals
- records of analysis and reflection presented in workbooks, digital format, notebooks, or personal reflective journals
- records of project development and realisation presented in workbooks, digital format, visual development work, images, designs, media, artefacts, notebooks, or personal reflective journals
- records of presentations and communications presented in workbooks, digital format, notebooks, or personal reflective journals.

You can help your child by discussing their work and portfolio's with them and actively encouraging them to reflect on what they have done and note these points down. All their work they produce is part of the journey and they need to be able to write reflectively and demonstrate how they have developed their skills.



KNOW YOUR EXAM BOARD SPECIFICATION.

It is also advisable that you encourage your child to visit the various examination board websites for each of the subjects which your child intends to study. These websites, provide parents and students with course specifications and syllabuses for each A Level subject. It is a good opportunity to familiarise with the mark schemes and question styles. They also all offer access to past papers and resources.

- [Edexcel](#)
- [OCR](#)
- [AQA](#)
- [WJEC](#)
- [About BTEC | Pearson qualifications](#)
- [Qualifications | UAL \(arts.ac.uk\)](#)

We can assist you in meeting the challenges of your studies or take part in college life with independence.

We are able to provide specialist support and guidance to develop your study skills. Our highly qualified staff can assist you in completing assignments, time management and revision planning. We can also help prepare you for future employment and further education.

