

RELATIONSHIPS, SEX AND HEALTH EDUCATION POLICY

1. Purpose

The aim of relationships, sex and health education (RSHE) at Callywith College is to provide a framework in which sensitive and supportive discussions can take place to help students develop feelings of self-respect, confidence and empathy, creating a positive culture around the issues of sexuality and relationships.

This reflects our ethos which is based on treating young people as individuals and supporting them throughout their time with us to achieve highly and reach their potential. This level of aspiration and success is only achievable when students feel safe, confident and have a sense of belonging and these are things we work constantly to nurture and encourage.

2. Policy

RSHE is about the emotional, social and cultural development of students, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity. RSHE involves a combination of sharing information and exploring issues and values. RSHE is about encouraging students to be able to make informed choices. RSHE is not about the promotion of sexual activity.

The aim of RSHE is to give students the information they need to help them develop healthy, nurturing relationships of all kinds, not just intimate relationships. It should enable them to:

- 1) Know what a healthy relationship looks like and what makes a good friend, a good colleague and a successful committed relationship.
- 2) It should also cover contraception, safer sex and sexual health.
- 3) Developing intimate relationships and resisting pressure to have sex (and not applying pressure), whilst highlighting acceptable and unacceptable behaviour in relationships.
- 4) To understand the forms domestic abuse can take and how to seek help, in line with Operation Encompass guidance and procedures.

This will help students understand the positive effects that good relationships have on their mental wellbeing, identify when relationships are not right and understand how such situations can be managed.

- Trustees will approve this policy.
- The principal, trustees, senior and college managers, teaching and non-teaching staff, students and parents will understand what RSHE is.

- The principal, trustees, senior and college managers, teaching and non-teaching staff will know what the college policy is on RSHE. Staff who have concerns about teaching RSHE should discuss these with their PTL or the Assistant Principal for Student Experience.
- All students will know there is a college policy on RSHE, and where they can access any information advice and guidance they need in this respect. Students are expected to engage fully in RSHE, and when discussing issues related to RSHE, treat others with respect and sensitivity.

3. Implementation

At Callywith College, educating students in RSHE is embedded within our whole college tutorial programme and through additional information, advice and guidance offered as part of our student services provision, using external agencies where appropriate.

4. Student's right to withdraw

Students have the right to withdraw from any tutorials on this topic. A copy of withdrawal requests will be placed in the student's educational record. Alternative tutorial work will be given to students who are withdrawn from RSHE sessions.

5. Monitoring arrangements

The delivery of RSHE is monitored by the Designated Safeguard Lead & Deputy Designated Safeguarding Lead who will design and create standardised resources for all students across the college. Students' development in RSHE is monitored by tutors. This policy will be reviewed and approved by the Governing body annually.

6. Adaptations to RSHE materials

RSHE content and materials will be adapted using appropriate resources for students with learning support needs to make the content accessible. The SENCO will work with the DDSL to establish these materials.